6:Stone E-5 (1956-1959)1962

[P.100(B)]

SA19 Talamanca SA19
Bribri
Cabecar

FOOD VALUE OF THE PEJIBAYE[2]

(*Guilielma gasipaes* Bailey)

146
262

		Red Variety	Yellow Variety
Iron	mg.	1.16	1.31
Carrotin	"	1.945	1.493
Thiamine	"	.070	.037
Riboflavin	"	.140	.099
Niacin	"	1.945	1.493
Ascorbic Acid	"	22.9	41.4

PLANT LIST WITH USES

BRIBRI

	Latin	Use
chichikagru	*Smilax* sp.	root is grated, boiled and liquid drunk for Parkinson's disease
apískicha	*Gouania*	Mother whose child has died bathes with this. The whole vine is used.
sɔ́jkɔ	*Cymbopogon citratus*	for tea and washing skin of new born
klokɔ	*P. auritum* H.B.&K	for tea and washing skin of new born
kirekɔ	*Miconia impetiolaris* D.Don	for tea and washing skin of new born

824
[278]
[845]
[272]
[844]

CABÉCAR

	Latin	Use
popolí	*Protium* sp.	boil resin and drink liquid to stop vomiting
bɔ́Lk	*Melastomaceae* sp.	make red dye from the leaf without cooking it
	Solanacis sp.	for teeth, mash leaf to clean them
	Pepperomia sp.	for heart

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[386]
515
[278]